

How to link a Fitbit or Garmin device to your Healthy Choice portal

NOTE: Remember, you are responsible for confirming that your steps or activity minutes are uploading to your Healthy Choice portal account. After you complete the steps to link your device, log into your portal at least once per week to identify technical issues which may affect your participation.

Follow these steps to link your Fitbit account to your Healthy Choice Portal:

Make sure you have the e-mail address and password for your device account available to you. This may not be the same as your Healthy Choice Portal login information.

1. Log into your Healthy Choice Portal account by going to employeehealthplan.clevelandclinic.org or the Healthy Choice app and click on “Link Device.”
2. If you have an existing device linked, select “de-link”/”remove connection” for that device. If you don’t have a device already linked, continue to step 3.
3. Select “Link to Fitbit.”
4. You will be taken to the Fitbit website and asked to enter your e-mail address and password for your Fitbit account. Next, click “login.”
5. You will be taken to the screen where you approve access to your information. You must click “allow all” and then “allow” at the bottom.

You have now connected your Fitbit account to the Healthy Choice Portal for tracking steps and active minutes.

Follow these steps to link your Garmin account to your Healthy Choice Portal:

Make sure you have the e-mail address and password for your device account available to you. This may not be the same as your Healthy Choice Portal login information.

1. Log into your Healthy Choice Portal account by going to employeehealthplan.clevelandclinic.org or the Healthy Choice app and click on “Link Device.”
2. If you have an existing device linked, select “de-link”/”remove connection” for that device. If you don’t have a device already linked, continue to step 3.
3. Select “Link to Garmin.”
4. You will be taken to the Garmin website and asked to enter your e-mail address and password for your Garmin account. Next, click “login.”
5. You will see a privacy statement and you must click “Save.”
6. You will be taken to the screen where you approve access to your information. You must click “authorize.”

You have now connected your Garmin account to the Healthy Choice Portal for tracking steps and active minutes.